

BREVARD Community Resource MASTER GUIDE

Food Assistance

- **Community Action Team:** 321-633-1951
 - **Catholic Charities:** 321-338-2986
 - **North & South Brevard Sharing Center:**
(N) 321-269-6555 (S) 321-727-8581
 - **Central & South Salvation Army:**
(C) 321-632-6060 (S) 321-724-0494
 - **Saint Vincent De Paul:** 321-799-3677
 - **SNAP Food Assistance:** M-F 8:30-4:30
Apply online or by phone: 407-295-2777
<https://www.myflorida.com/accessflorida/>
 - **Pandemic EBT Program:** Families eligible to receive free or reduced-priced school meals will automatically receive the P-EBT benefit during the month of June, no further action is needed from recipients at this time.
- For more information and Frequently Asked Questions about the P-EBT benefit program, please visit:** <https://www.myflfamilies.com/covid19/access.shtml>

Summer Break Food Distribution Sites

Brevard Public School:
All of June 10:30am-12:30pm

Distribution Sites (Elementary Schools):
Atlantis • Cambridge • Cape View • Coquina • Discovery •
Golfview • Harbor City • Mila • Mims • Oak Park • Palm
Bay • Saturn • Sherwood • Turner • University Park

Brevard County Parks:
June 1st - August 31st

Breakfast Served 8am-10am • Lunch served 10:30-12:30pm Serves children who are under 18 years of age and to persons with disabilities over age 18, who participate in school programs for people who are mentally or physically disabled. Children MUST be present.

Distribution Sites (Community Centers):
Cuyler • Isaac Campbell • Port St. John • Walter Butler •
Sandrift • Cocoa West • Joe Lee Smith • McLarty Park •
Travis Park • Woody Simpson • Max K Rodes • South
Mainland

Food Distributions & Hot Meals

- **Club Esteem:** M-F 10am-1pm
3316 Monroe Street, Melbourne
- **Evans Center:** Tue-Sat 4 to 6pm.
Kids under 18 years of age and seniors 65+
1361 Florida Ave NE Palm Bay
- **Central Brevard Sharing Center:**
Mon-Sat 11am-1pm, Sun 2pm-3pm
113 Aurora Street, Cocoa 32924
- **Daily Bread:** Meals Daily 11-1pm
815 E. Fee Ave. Melbourne
- **Cornerstone Church of God:**
Sat 9:30-10:30 (Breakfast)
311 E Hibiscus Blvd. Melbourne
- **My Community Cares:**
Dinner Wed-Fri 4-6pm
1046 Dixon Blvd, Cocoa 32922
- **Time Out Sports Bar Plus:**
Sundays 11am
607 Florida Ave, Cocoa
- **Pebbles Catering:** Wed-Fri 4-6pm
1046 Dixon Blvd, Cocoa
- **Salvation Army (N):**
Mon-Sat 11-11:30am
1218 W. Main St. Titusville
- **First Methodist Church:** Mon 2pm
110 E. New Haven Ave.
- **Shiloh Christian Center:** Wed 1-3pm
3900 Sarno Rd. Melbourne, FL
- **Islamic Society of Brevard:** Wed 2pm
500 Florida Ave
- **Mosaic Palm Bay:** Thursday 2-4pm
2100 Port Malabar NE
- **Church of Jesus Christ of Latter-day Saints:**
Wed & Friday 11:30am
3000 S. Street Titusville

Shelter's and Transitional Housing

- **CITA Rescue Mission:** 321-725-5160
Housing and food to homeless men.
- **Genesis House:** 321-723-3133
 - Temporary shelter for women 18 years of age or older who are pregnant and/or have children.
 - Temporary Housing for single women over 62.
- **Jimmie Smith Cottage:** 321-752-3170
Safe housing for young women ages 18 to 23 who have exited foster care without families.
- **Sue Pridmore Center:** 321-724-0494
Transitional housing program for homeless women with and without children.
- **Transitional Housing for Women:** 321-242-3110
Transitional housing for women and children.
- **Veterans Transitional Facility:** 321-409-8167
Temp. shelter for homeless veterans and their immediate families.
- **Patriot House:** 321-752-3217
Transitional housing for homeless and disabled veterans.
- **Robert E. Lehton Shelter:** 321-452-0800 x130
Emergency short-term residential Children's Shelter
- **Community of Hope:** 321-474-0966
 - SOS Emergency Shelter provides temporary short stay to families who are suddenly homeless.
 - Transitional housing provides temporary housing while transitioning into permanent housing.
 - Permanent Supportive housing is more long term stay housing.
- **Crosswinds Transitional Shelter:** 321-452-0800 x130
Housing for homeless young adults 16-21yrs of age.
- **Operation Center Focus:** 321-637-1866 x271
Transitional Housing for homeless female veterans and children.
- **New Life Mission:** 321-480-9100
Transitional Housing for homeless women and children.
- **Simply Health Care Housing Waiver:** 844-405-4296 • FLBHReferrals@anthem.com
The Florida Housing Program is a pilot program that provides additional behavioral health services and supportive housing assistance to eligible enrollees with severe mental illness or substance use disorders. The program will specifically support enrollees who are homeless or at risk of homelessness due to their conditions.

Rent & Financial Assistance

Statewide online affordable rental housing locator: www.floridahousingsearch.org

- **Community Action Team:** 321-633-1951
- **Eckerd Connects:** 321-735-7249
- **Project VetRelief:** 844-409-2025
- **Catholic Charities:** 321-338-2986
- **North & South Brevard Sharing Center:** (N) 321-269-6555 (S) 321-727-8581
- **Central & South Salvation Army:** (C) 321-632-6060 (S) 321-724-0494
- **Saint Vincent De Paul:** 321-799-3677
- **Volunteers Of America:** <https://voaflorida.org/>
Financial and Supportive services for Veterans and their families. Offer financial assistance with Rent, Hotel, Move In Cost, Case Management, Food, Car Repairs and more.

COVID-19

Rent & Financial Resources

- **Brevard County Housing and Human Services Department:** Funds available to income-eligible residents for Mortgage assistance, Rental assistance and Utility and Security deposit assistance for those financially impacted by COVID-19. Applications available online at: www.brevardfl.gov and at www.brevardfl.gov/HumanServices/Announcements. Paper applications also available at public libraries.
- **Assistance Program to residents who may be facing homelessness due to the COVID-19 pandemic:** The Emergency Rental, Mortgage, and Public Utilities Assistance Program provides temporary assistance for up to three months of rent, mortgage and/or public utilities payments. **Beginning on June 15, City of Melbourne residents may call 321-608-7530** to complete a pre-screening checklist to verify all required information before they start the application process. <https://www.melbourneflorida.org/Home/Components/News/News/5107/381>

Transportation Resources

Space Coast Area Transit: 321transit.com

If you need an ESSENTIAL RIDE home after the Fixed Routes end, up until 8:15 PM, call the **RideLine at 321-633-1878** by 2:00 PM the day before to request a ride. The same for an earlier ride in the morning.

- **SCAT Fare and Payment:** There are 3 fare payment options which are 1-Ride fares are paid when boarding and cannot be purchased in advance. The other two are fare specials which include 10-Ride and 30 Day Passes. Both must be purchased in advance.
 - **Advance Fare Purchase Options:** Include at the bus terminal, select libraries, by mail, online, or by phone by calling [321-635-7815](tel:321-635-7815), option 2, or [321-952-4563](tel:321-952-4563), option 1.
 - **Paratransit and ADA Paratransit Fares:** Please call [321-633-1878](tel:321-633-1878) for details.
- **SCAT Reduced Fare:** Those eligible for Reduced Bus Fare include seniors 60+, disabled, veterans, and students. Medicare cards are accepted as proof for reduced fare. There is no charge for children under the age of five (5), or for transfers
- **SCAT FREE Fares:** EFSC students ride for free with a valid EFSC Student ID. Due to a grant from the City of Melbourne, no fare is charged on routes 21, 24, and 29 to Melbourne residents with valid ID who ride within the Melbourne city limits.

Read & Ride For FREE:

May 25th – August 9th

Kids and Youth under 18 years of age ride for free with a valid Library Card!

Utility Assistance

- **Community Action Team:** [321-633-1951](tel:321-633-1951)
- **FPL/LIHEAP:** [321-633-1951](tel:321-633-1951)
- **Eckerd Connects:** [321-735-7249](tel:321-735-7249)
(Must have also been approved for rent assistance)
- **Project VetRelief:** [844-409-2025](tel:844-409-2025)
- **Catholic Charities:** [321-338-2986](tel:321-338-2986)
- **Sharing Center of Central Brevard:** [321-631-0306](tel:321-631-0306)
- **North & South Brevard Sharing Center:**
(N) [321-269-6555](tel:321-269-6555) (S) [321-727-8581](tel:321-727-8581)
- **North, Central & South Salvation Army:**
(N) [321-269-3110](tel:321-269-3110) (C) [321-632-6060](tel:321-632-6060)
(S) [321-724-0494](tel:321-724-0494)
- **Saint Vincent De Paul:** [321-799-3677](tel:321-799-3677)
- **Volunteers of America: JUNE ONLY**
Volunteers of America has funds available to assist with late utility bills. A late notice is required to qualify. For more information and criteria, **call 211 and request assistance with a late notice on a utility bill.**

Re-Employment Assistance:

- Florida Department of Economic Opportunity (DEO): Please visit the DEO Official Website is listed below (Under Icon) for General information regarding Re-Employment Assistance. Or Call: 1-800-204-2418

For Important updates and information:

<http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants>

NEW Re-Employment Application Portal!

<http://www.floridajobs.org/RAApplication>

Step-by-step guide to claiming unemployment week's:

http://www.floridajobs.org/docs/default-source/reemployment-assistance-center/guide-for-reemployment-assistance-claiming-weeks.pdf?sfvrsn=928046b0_2

- **Pandemic Unemployment Assistance (PUA):** Provides unemployment benefits to those who may not be eligible for Reemployment Assistance: Self-employed, gig worker, etc. Apply for PUA at: www.floridajobs.org

Employment Search Info:

- **Veteran Job Exchange:**
Job search site just for Veterans!
<https://www.veteransjobsxchange.com/>
- **Employ Florida:**
Many employers are now hiring! To find featured job openings complete registration and start looking today at: www.employflorida.com

To receive TEXT ALERTS for Job Announcements:

Text JOBS321 to (321) 394-9603



<https://careersourceflorida.com/>



<https://floridajobs.org/>



<https://employflorida.com/>

➤ **Career Source Brevard:** 321-504-7600

CareerSource is the one-stop- shop with all the resources and tools to get you in or back to the workforce. All services are FREE! Career Source offers:

Workshops, Class, Training, Career Counseling, Customized job search and job referrals, Job Fairs, and an Amazing and FREE [Resume Builder Tool!](#)

During COVID19

Virtual Services Available:

<https://careersourceflorida.com/career-services/>

Free online classes:

<http://brevard.skillupamerica.org/job-seekers.cfm>

➤ **Brevard Recovery Works:** 321-504-7600

BRW is a FREE program specifically designed to help those impacted by substance use or addiction gain and maintain employment!

BRW@careersourcebrevard.com

Business Owner COVID-19 Resources

- **Business Damage Assessment Survey:**
businesses affected by COVID-19 are asked to complete this online survey at <https://floridadisaster.biz>
- **Florida Small Business Emergency Loan:**
<https://floridadisasterloan.org/>
- **SBA's Economic Injury Disaster Loan**
<https://disasterloan.sba.gov/ela/Account/Login>

Family Services

➤ **Grandparents Raising Grandchildren:**

Grandparents that are caregivers to their grandchildren can find support, parenting questions, legal and financial challenges, advocacy and provides seminars on crucial issues. Please call: **321-631-7776**

➤ **Eckerd Connects Raising Hope Program:**

Offers clothing, hygiene items, shoes, socks, underwear, blankets, diapers, and limited school supplies for children entering the foster care system or in emergency need. Guardian Ad Litem's and child welfare case managers are welcome.

Please call for more information.

321-253-0032 x0

<https://eckerd.org/family-children-services/raising-hope/>

➤ **Kinship Care:**

Kinship Care is the full-time care, nurturing, and protection of children by relatives, members of their tribes or clans, godparents, stepparents, or any adult who has a kinship bond with a child. Financial and other Assistance may be available to you.

Please visit website below and speak with your caseworker about benefits:

<http://floridafapa.org/kinship-care/>

Domestic Violence Resources

➤ **Women's Center Titusville:** **321-607-6811**

➤ **Salvation Army Cocoa:** **321-631-2764**

Text/Web Chat Services available Mon-Fri 9am-6pm

Text to: **321-450-4325**

Web Chat at: www.rc.chat/tsadvp

➤ **Serene Harbor Palm Bay:** **321-726-8282**

New 24/7 text Line: **321-726-8282**

Web Chat at: www.sereneharbor.org

Domestic Violence Support Services

Serene Harbor Virtual Support Groups during COVID19:

- Finding Your Destination Group: Mondays at 11am
- Serene Girls Group: Wednesdays at 2pm
- What I Deserve Group: Wednesdays at 2pm
- Squad Goals Group: Fridays at 1pm

Address Confidentiality Program:

Allows victims of domestic violence to keep their address confidential and to utilize an alternate address for their I.D. and voter records as well. For Assistance please contact Serene Harbor:

321-726-8282

Relocation Assistance:

Relocation assistance is a one time financial assistance administered by the state to victims of domestic violence to help them relocate. Relocation assistance must be filed through a certified Domestic Violence shelter. Salvation Army, Cocoa and Serene Harbor, Palm Bay can help with Relocation Assistance.

Daycare & Tuition Assistance

➤ **Early Learning Coalition of Brevard:**

The school readiness financial assistance program helps eligible families with the cost of childcare.

Contact: 321-637-7272

Application: <https://www.elcbrevards.org/>

➤ **Step Up For Students:**

Is a scholarship to help eligible families pay for the cost of school tuition. You can apply for the income-based scholarship at:

<https://www.stepupforstudents.org/lower-income-scholarships-ftc-fes/>

➤ **The SHC Youth Leadership and Scholarship Program: Deadline to apply Oct 1, 2020**

We are now accepting applications for our Youth Leadership and Scholarship Program, for students entering college for the first time in the 2021-2022 school year.

- Awards scholarships to ten youth who have experienced homelessness.
- Assists youth with financial aid processes, mental health advocacy and referrals, professional legal advocacy and referrals, and assistance in locating and establishing local contacts for general support and services.
- Builds a stable peer and adult support network for recipients, before, during, and after their college careers, and into their transition into the workforce.
- Offers young people meaningful opportunities to engage in advocacy, while providing sustained support services to help ensure graduation and success in life.

<https://www.schoolhouseconnection.org/youth-leadership/scholarship-program/>

Parent Resources

Car Seat Assistance

➤ **Palm Bay Police:** 321-952-3456

➤ **Rockledge Police:** 321-690-3988

➤ **Titusville Police:** 321-383-5708 x 112

➤ **UF Extension Center:** 321-952-4536 x 21

➤ **Yellow Umbrella:**

321-433-3570 OR 321-723-2927

FREE Pack N' Play

➤ **Brevard C.A.R.E.S Cribs for Kids:**

Brevard C.A.R.E.S offers a 30 minute education and awareness component about safe sleeping practices. By attending this education awareness training you'll qualify to receive a Free Graco Pack & Play that will be delivered via UPS directly to your home.

For Dates and Times, Please Contact:

Angie Levesque (321) 632-2737 x1000

Parenting Support Resources

➤ **Parenting with Love and Limits Program:**

PLL is an alternative to Placement and Reentry program that is brief, effective, and free to families. The program teaches each youth and their family new skills, building on the strengths that each member already has. PLL will ultimately help caregivers establish both "Love and Limits" within their homes. PLL offers support groups, case management and family coaching. For more information contact:

Brevard CARES 321-632-2737

EARN PRIZES FROM SUMMER READING PROGRAMS!

To see a list of summer reading programs that offer rewards to kids, please visit:

<https://melbourne.macaronikid.com/articles/5ee279b11f5656072f1965c7/earn-prizes-from-these-5-summer-reading-programs-for-kids>

Virtual Learning

- **Varsity Tutors:** Free educational virtual summer camp! Please visit link for details and information.
<https://www.varsitytutors.com/virtual-summer-camp-catalog>
- **Adventure Academy :** Full learning curriculum that's fun and engaging for Ages 8-13
<https://www.abcmouse.com/abt/homepage?8a08850bc2=T1672042603.1590510031.8348>
- **ABC Mouse :** Full learning curriculum that's fun and engaging for Ages 2-8
<https://www.abcmouse.com/abt/homepage?8a08850bc2=T1672042603.1590510031.8348>

- **Cocoa Beach Summer & Sports Camps:**
Camps begin June 1st • 321-868-3272
Must pre-register in person at 321 Ramp Rd, Cocoa Beach.
<https://www.cityofcocoaabeach.com/682/Camps>
- **Space Coast Jr. Ocean Rescue Camps:**
Camps begin June 1st • Age requirement is 7-18yrs
For registration forms and detailed information please visit:
<https://www.swim-surf-run.com/junior-ocean-rescue-surf-camps>
- **Cape Canaveral Summer Day Camp:**
Camp begins June 1st-Aug 7th • 321-868-1226
Space limited to 50 children per week.
https://www.cityofcapecanaveral.org/community/summer_camp.php
- **Melbourne Capoeira Summer Camp:**
Space is limited • 321-345-1599
Summer Camp is currently working on expanding to accommodate more children. Please call for details and information.
<http://www.melbourneafterschool.com/>
- **Viera Children's Academy Summer Camp:**
Includes ages 6 weeks and up! There is a one time \$75 fee that covers field trips and activities.
321-433-2330
- **Wish-Upon-A-Star Summer Camp:**
Ages are from 5-12 years old. Call for more details.
321-726-1580
- **Brevard Zoo:** 321-254-9453
Offering a new virtual zoom camp! Some day camps may be available. For summer camp options please call. You can also register and see available options at: <https://brevardzoo.org/education/zoo-camps/>
- **Mustard Seed Kidz:** 321-733-1733
Summer Camp for ages 6-12yrs now Available!
Daycare for Infant to 3yr available

Summer Camp For Parents Returning To Work

The Brevard County Parks and Recreation Department will be offering summer camp to ages 6-11 at community centers throughout the county, starting June 15, for parents who are returning to work.

Registrations will be accepted online, phone and in person. For more information please visit www.brevardparks.com

Medical Resources

- **Community Action Team:** 321-633-1951
- **Crippled Children's Aid Society:** 321-452-8106
Provides Orthopedic equipment to crippled children or adults w/out financial resources to obtain them.
- **Lions Club- Viera:** 321-617-7669
Provides Eyeglasses, sight related operations and hearing aids to those unable to afford them.
- **North Brevard Sharing Center:** 321-269-6555
Assist with Prescription cost and Dental
- **Brevard Health Alliance Mobile Clinic:**
Call for locations: 321-914-5864
Visit Website for calendar:
<https://www.bhachc.org/locations/mobile-clinic/>
- **Prescription Cost Relief:**
FamilyWize provides a free discount card to show to your pharmacist. You can text the word "SAVE" to "700700." Reply "YES" to the auto response, and the card will be downloaded to your phone. Or you can download the card online: <https://www.familywize.org/free-prescription-discount-card>
- **Dental Hygiene Clinic (EFSC):** 321-433-7570
BCC's Cocoa Campus Dental Hygiene Clinic is open to the community on an appointment basis. Services are provided by dental hygiene students under the supervision of the dental hygiene faculty. Services include: Teeth cleaning, fillings and x-rays ONLY! **\$15-\$30 cleaning; \$1-\$20 X-Rays, (Must have prescription from dentist for x-rays) Pit/Fissure Sealants, \$4/tooth, \$4/quadrant; \$7 Bite/ Wing Series; Fluoride-no charge, child cleaning\$10**
- **Florida Kid Care:** (888) 540-5437
Free or Low-Cost Health Insurance. Through Florida KidCare, the state of Florida offers health insurance for children from birth through age 18, even if one or both parents are working. Florida KidCare includes free, subsidized and full-pay options based on family income and household size. <https://www.floridakidcare.org/>

COVID-19 Medical Resources

- **Health Care Coverage:**
If you are in need of health coverage and you were laid off from a job due to COVID19 visit: <https://www.coveringflorida.org/>
- **Health & Dental Coverage for Kids:**
For parents who have lost a job and need affordable health and dental coverage for your children, please visit: <https://www.floridakidcare.org/>

COVID-19 Testing Sites

- **Eastern Florida State College Palm Bay:**
Appointment or Referral NOT required, Testing ALL patients, Drive-Thru
- **OMNI Healthcare Melbourne:** 321-724-1084
Appointment REQUIRED, Referral NOT required, Testing ALL patients, Drive-Thru. Note: Patients have to be pre-screened and will have to pre-register by calling: 321-802-5515.
- **Urgent care Sarno Rd Medfast:** 321-676-0558
Appointment REQUIRED IF you have symptoms, Referral NOT required, Testing ALL patients
- **Urgent care Viera Medfast:** 321-633-3278
Appointment REQUIRED IF you have symptoms, Referral NOT required, Testing ALL patients
- **Urgent care Medfast:** 321-676-0558
(Rockledge, Downtown Melbourne, Cocoa Beach, and Titusville) Appointment AND Referral REQUIRED, Testing ALL patients
- **Brevard Health Department Melbourne:**
Appointment REQUIRED, Referral NOT required, Testing ALL patients, Drive-Thru. Note: Must be pre-screened by calling 321-454-7141

Health Department Testing Locations

Cocoa West Community Center:

230 S. Burnett Rd, Cocoa Fl 32926

Woody Simpson Community Center:

1590 Schoolhouse St, Merritt Island FL 32953

DOH-Brevard Melbourne Clinic:

601 E. University Blvd, Melbourne, FL 32901

New Shiloh Christian Center:

3900 Sarno Rd. Melbourne, Fl 32934

Senior Resources

- **Helping Seniors of Brevard:** 321-473-7770
Providing education, information and connections for seniors 55 and over residing in Brevard County.
- **Sunflower House:** 321- 452-4341
Sunflower House at Merritt Square Mall helps find local resources, information and the support you need when you're caring for someone, (or when you could use some help yourself).
- **Community Care for the Elderly & Disabled Adult:** 800- 963-5337
Provides case management services to frail seniors age 60 and over including development of an individualized care plan and assistance in selecting community based support services. Shopping Assistance/errand running services.

Mental Health Resources

- **Coping and Disaster Resources:**
liveandworkwell.com
- **To Write Love On Her Arms:**
Offers Suicide prevention and self-care resources.
Community Resource:
<https://twloha.com/find-help/>
Self-Care Resource:
<https://twloha.com/self-care/>
- **Children's Home Society:** 888-733-6303
Offers a Family Support Warm Line for parents and teens feeling stressed and overwhelmed. Caller will be connected with a counselor and the service is free.
- **Mobile Response Team:** 321-213-0315
Offers Brief Counseling for children and families.
- **The U.S. Department of Health and Human Service:**
Offers an available 24/7 text line. Users can text TalkWithUs to 66746 for text-based support. *For more information:* <https://www.samhsa.gov/find-help/disaster-distress-helpline>
- **Behavior Basics:** 772-463-0444
Provides in home ABA therapy with a Board Certified Behavior Analyst in Brevard for children with Autism and/or MH
Dx. <https://www.behaviorbasicsinc.com/>
- **Veterans Crisis Hotline:** 800-273-8255
Connects veterans in crisis and their families with qualified responders.
- **Optum Public Crisis Line:** 866-342-6892
Emotional Support Help Line that is available to anyone, even if they are not a UMR or United Healthcare plan member. Available free of charge.
- **Disaster Distress Hotline:** 800-985-5990
Offers help dealing with the stress of COVID-19
- **Palm Point Behavioral Health Facility:**
321-603-6550
Provides inpatient and outpatient services for children, adolescents, adults, and seniors struggling with mental and behavioral health issues. We use evidence-based treatment to give patients the tools they need to recover. Our licensed clinicians are available 24/7 to provide you or your loved one with a no-cost mental health assessment.

Substance & Recovery Resources

- **Space Coast Recovery: 321-632-5958**
Offers residential treatment options and outpatient programs. <http://www.spacecoastrecovery.com/>
- **Peace Club: 321-420-4656**
Offer a men's recovery residence program, day and night treatment programs, intensive outpatient programs for adolescents, support groups and medication assisted treatment (MAT).
- **RASE: 321-305-4397**
Offers recovery support services and medication assisted treatment (MAT).
- **Circles of Care: 321-726-2881**
Offers inpatient rehabilitation services, detox services, support groups, medication assisted treatment (MAT).
- **STEPS:**
Offer residential treatment program for women, outpatient programs, medication assisted treatment (MAT).
Melbourne: 321-775-1520
Palm Bay & Cocoa: 321-637-7730
- **Aspire: 407-875-3700**
offers many mental health services in Brevard county. Some include: Juvenile addictions receiving facility, Outpatient center, Transitional housing programs, Adult addictions receiving facility.

**For a list of Services and
contact info please visit:**

<https://aspirehealthpartners.com/programs-and-services/>

Recovery Support

- **Circles of Care** - Substance Abuse Education and Support Group (Thursdays from 6p-7:30p at Twin Rivers location 400 East Sheridan Rd, Melbourne FL)
- **Narcotics Anonymous** – www.na.org

Virtual Recovery Support

- **SMART Recovery Toolbox:** The SMART Recovery Toolbox provides a variety of methods, worksheets, and exercises to help you self-manage your addiction recovery and your life. Website also includes Encyclopedia of Rational Coping and 10 Rules of Happiness. Visit: smartrecovery.org/smart-recovery-toolbox/
- **Free Sober Recovery Apps:**
<https://www.addictionpolicy.org/connection-s-app>
- **Free Recovery Apps for Android:**
 - COVID Coach (VA)
 - Sober Tool
 - In The Rooms

If you have information you would like us to share in our Newsletter, or if you would like to subscribe, please contact:

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